



Homework Policy

Homework provides students with opportunities to consolidate their classroom learning, pattern behaviour for lifelong learning beyond the classroom and involve family members in their learning. The setting of homework takes into account the need for students to have a balanced lifestyle. This includes sufficient time for family, recreation, cultural pursuits and employment where appropriate.

At North we don't ask the question, "Do I have homework?"; we ask "What type of homework do I have tonight?". Homework at North involves a combination of the following four activities:

- 1. Revising the day's work.** Students should be reading over, rewriting or mind mapping the work covered in class that day as brain research shows that if you want to retain information in the long term, you need to practise the idea (mind mapping/repeating it/ using it/ teaching it to someone else:
 - 1 hour after you first learn it
 - Within 48 hours of learning it
 - 7 days after learning it
 - 1 month after learning it (if it's still there you got it)
 - 6 months after learning it
- 2. Completing set activities.** This may be a weekly worksheet, spelling list, question or activities which are based on the day's work, or a specific phase of an assignment process. It is work that may be written in the diary and checked and consequences given if it is not completed.
- 3. One of the phases of the assignment process.** Researching, planning, drafting or checking final copy, placing check dates on your diary semester planner.
- 4. Reading.** To make up the allotted time for each year level. There is a section in the school planner for parent signature, so if a teacher sets a task such as reading for 20 minutes, they can check the parent signature as verification. Copies of your parents' signature are available at the office if required to be checked.

TIPS AND TRICKS

- Do your computer work first. If you stay up late the light from the computer screen can affect your cortisol levels which means you may have less, and poorer, sleep.
- Take breaks every 20 minutes or so to stay alert
- Drink water, and minimise the caffeine-based drinks as they will only make you alert, but still limit your ability to remember and recall information.

Student Responsibilities:

Students can take responsibility for their own learning by:

- being aware of the school's homework policy
- maintaining a effective, neat and useable school diary
- Take diary into every class
- Complete all set homework tasks
- discussing with their parents or caregivers homework expectations
- accepting responsibility for the completion of homework tasks within set time frames
- following up on comments made by teachers
- seeking assistance when difficulties arise by seeing your teacher prior to class
- organizing their time to manage home obligations, participation in physical activity and sports, recreational and cultural activities and part-time employment

Parent and Caregivers Responsibilities:

Parents and caregivers can help their children by:

- talking with them and involving them in tasks at home
- helping them to complete tasks by discussing key questions or directing them to resources
- encouraging them to organise their time and take responsibility for their learning by ensuring semester planner is completed with assignment draft and completion dates
- helping them to balance the amount of time spent completing homework, watching television, playing computer games, playing sport and engaging in other recreational activities
- contacting the relevant teacher to discuss any concerns about the nature of the homework and their children's approach to the homework

HOMEWORK EXPECTATIONS

Year 7	$\frac{3}{4}$ - 1 hour per school night (maximum of 3 – 4 sessions per week)
Year 8 and Year 9	1 hour per school night
Year 10	1 $\frac{1}{2}$ hours per school night
Year 11 and Year 12	2 – 3 hours per school night (minimum)

Implementing the school homework policy

In developing the school homework policy, consideration has been given to Education (General Provisions) Regulation 2017 Part 4 Administration of students Page 18

Homework:

1. A teacher at a State school may require a student of the school to complete homework.
2. The school's principal may decide what is a reasonable amount of homework to be completed by a student of the school for each year of schooling offered at the school.
3. In deciding what is a reasonable amount of homework under subsection (2), the principal must have regard to any homework policy developed and implemented by the principal under section 427(2)(f) of the Act.

[Education \(General Provision\) Act 2006 \(updated 1 March 2023\)](#)

[Education \(General Provisions\) Regulation 2017 \(updated 1 January 2023\)](#)